



UNIVERSITY
OF GHANA

SCHOOL OF PUBLIC HEALTH ALUMNI PROFILE



PROFESSOR AMOS KANKPONANG LAAR (BSC.MA.MPH. PHD)

Public Health Nutritionist | Head of Department(PFRH)|University of Ghana

The School of Public Health proudly celebrates Professor Amos Laar, a leading voice in public health nutrition and a passionate advocate for healthier food systems in Africa.

Prof. Laar earned a Master of Public Health (MPH) in 2005 and a PhD in Public Health in 2009, both from the School of Public Health, University of Ghana.

As a Professor at the School of Public Health University of Ghana, his groundbreaking research explores the intersection of food environments, diet-related non-communicable diseases, and the broader social and commercial forces that shape public health.

With over 150 publications in top-tier journals and leadership in more than 25 research grants totaling over \$20 million, Professor Laar has made significant contributions to academia, policy, and practice. His work has influenced national strategies, including Ghana's Food Systems Strategy, Food-Based Dietary Guidelines, and the Sugar-Sweetened Beverage Tax. The "Healthier Diets for Healthy Lives Project" which he leads, is currently assisting the government of Ghana to develop a nutrient profiling system and four food-based policies (marketing regulations, front-of-pack labeling policy, public food procurement policy, and food-related fiscal policy).

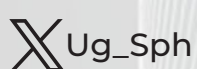
In 2024, he was appointed by the African Union to co-Chair the Food Security, Nutrition, and Health Technical Working Group, which helped develop Africa's 10-year Food Systems Strategy (2026-2035) and its associated CAADP Kampala Declaration.

He has served in key advisory roles for United Nations agencies including the WHO and UNICEF. He currently convenes the Africa Food Environment Research Network (FERN). His efforts have earned him recognition in The Lancet and a Fellowship at the Ghana Academy of Arts and Sciences.

He is currently the Head of Department for the Department of Population, Family and Reproductive Health, School of Public Health, University of Ghana.

The School of Public Health is deeply proud of Professor Laar's achievements and his unwavering commitment to improving public health across Africa. We extend our warmest congratulations and best wishes for his continued impact and success.

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